

Joshua E Curtiss

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EDUCATION & POSITIONS	Harvard Medical School/Massachusetts General Hospital Post-Doctoral Fellowship in Psychiatry	July 2020-Present
	Harvard Medical School/Massachusetts General Hospital Pre-Doctoral Clinical Psychology Internship	July 2019-June 2020
	Boston University Ph.D. Doctoral Candidate for Clinical Psychology	2020
	Boston University M.A. Clinical Psychology	2015
	Yale University, Yale Center for Anxiety and Mood Disorders Statistician and Data Analyst	June 2012 – Aug 2015
HONORS & AWARDS	Rutgers University, SAS Honors Program B.A. Honors Psychology B.A. Philosophy B.A. Cognitive Science (independent major) Honors Thesis: “Second Order False Belief Reasoning in 4-year-olds”	May 2012 GPA, overall and each major: 4.0/4.0
	AFSP Focus Grant (co-investigator), \$1,338,411 Purpose of grant is to examine efficacy and predictors of outcomes for ketamine transfusions for reduction of suicide in high risk patients with depression. I provide statistical support for the project.	2021-2024
	Kaplen Fellowship on Depression, \$80,000 A fellowship grant funding depression research through the Psychiatry Department at Harvard Medical School.	2021-2022
	Boston University Travel Grant, \$500 A grant designated to remunerate travel costs associated with conference attendance.	2019
	American Psychological Association Dissertation Research Award, \$1,000 A grant conferred on science-oriented doctoral students of psychology to assist with dissertation research costs.	2018
	The School of Arts and Sciences Honors Scholar Award Conferred on top percentage (<1%) of graduating seniors who completed a senior capstone project or honors thesis with distinction.	2012
	Dean’s Award for Academic Excellence Conferred on graduating seniors who maintained a perfect cumulative grade point average of 4.0.	2012
	Scarlet Knight Scholarship (four times), \$5,000 each For academic excellence in the School of Arts and Science.	2008 – 2012
	The Morgan Hand Award (four times), \$2,000 each For academic excellence and proficiency in the sciences.	2008 – 2012

The Bloustein Award (four times), \$1,000 each 2008 – 2012
For academic excellence and community service.

The SAS Excellence Award (two times), \$5,000 each 2010, 2012
For selective academic excellence by achieving placement in the top percentage (<5%) of the class.

The Rutgers 2010 Academic Excellence Award 2010
For achieving placement in top 10% of the sophomore class.

Harriett and Robert Druskin Endowed Scholarship, \$5,000 2010
Granted to ~15 students each year for extremely outstanding demonstration in both academics and extracurricular projects.

The Dean's List Award (awarded each semester—eight times) 2008 – 2012
For achieving excellent grades.

EDITORSHIP **Behavioral Psychology/Psicologia Conductual** 2019-Present
Member of Editorial Board

PUBLICATIONS ***H-index = 20, Total Publications = 45 (First/Co-First Author = 17)***

Manuscripts in progress or under submission

4) Curtiss, J., & Hofmann, S.G. (in progress). A machine learning approach to predicting treatment response in CBT for social anxiety disorder.

3) Curtiss, J., & Hofmann, S.G. (in progress). Can symptom networks predict treatment response?: A machine learning framework.

2) Curtiss, J., & Klemanski, D.H. (in progress). The Efficacy of Third-Wave Therapies for GAD: A meta-analysis and investigation of moderators of treatment outcome in mindfulness-based therapies.

1) Curtiss, J., & Woolfolk, R.L. (in progress). The Ontological Soundness of Mental Disorders: A philosophical critique of reified clinical constructs from an Anti-Realist perspective.

Books

2) Hofmann, S.G., Carpenter, J., Curtiss, J., Baker, A., & Goetter, E. (2020). Transform your anxious mind: A workbook for overcoming anxiety and worry using cognitive behavioral therapy and mindfulness. New Harbinger Press.

1) Klemanski, D.H. & Curtiss, J. (2016). Don't let anxiety run your life: Using the science of emotion regulation and mindfulness to overcome fear and worry. New Harbinger Press.

Articles (* denotes co-first author)

43) Curtiss, J.E., Wallace, B., Fisher, L.B., Nyer, M., Jain, F., Cusin, C., & Pedrelli, P. (accepted). Change Processes in Cognitive Behavioral Therapy and Motivational Interviewing for Depression and

Heavy Alcohol Use: A Network Approach. *Journal of Affective Disorders Reports*.

42) Curtiss, J.E., Levine, D.S., Rosenbaum, J., & Baker, A.W. (accepted). Cognitive Behavioral Strategies to Manage Panic. *Psychiatric Annals*.

41) Curtiss, J.E., Levine, D.S., Ander, I., & Baker, A.W. (accepted). Cognitive Behavioral Treatments of Anxiety and Stress-Related Disorders. *FOCUS: Journal of Lifelong Learning in Psychiatry*.

40) Aizenstros, A., Bakker, D., Hofmann, S. G., Curtiss, J.E., & Kazantzis, N. (accepted). Engagement with smartphone-delivered behavioral activation interventions: A study of the MoodMission smartphone application. *Behavioural and Cognitive Psychotherapy*.

39) Barthel, A.L., Pinaire, M.A., Curtiss, J.E., Baker, A.B., Brown, M.B., Hoepfner, S.S., Bui, E., Simon, N.M., & Hofmann, S.G. (2020). Anhedonia is Central for the Association between Quality of Life, Metacognition, Sleep, and Affective Symptoms in Generalized Anxiety Disorder: A Complex Network Analysis. *Journal of Affective Disorders*, 227, 1013-1021.

38) Smits, J. A. J., Pollack, M. H., Rosenfield, D., Otto, M. W., Dowd, S., Carpenter, J., Dutcher, C. D., Lewis, E. M., Witcraft, S. M., Papini, S., Curtiss, J., Andrews, L., Kind, S., Conroy, K., & Hofmann, S. G. (2020). Dose timing of d-cycloserine to augment exposure therapy for social anxiety disorder: A randomized clinical trial. *JAMA Network Open*, 3, e206777.

37) Hofmann, S.G., Curtiss, J.E., Hayes, S.C. (2020) Beyond Linear Mediation: Toward A Dynamic Network Approach to Study Treatment Processes. *Clinical Psychology Review*, 76, 101824.

36) Neufeld, C., Caetano, K., Palma, P., Brust-Renck, P., Curtiss, J., & Hofmann, S.G. (2020). A randomized clinical trial of group and individual Cognitive-Behavioral Therapy approaches for Social Anxiety Disorder. *International Journal of Clinical and Health Anxiety*, 20, 29-37.

35) Conroy, K., Curtiss, J. E., Barthel, A. L., Lubin, R., Wieman, S., Bui, E., Simon, N. M., & Hofmann, S. G. (2020). Emotion Regulation Flexibility in Generalized Anxiety Disorder. *Journal of Psychopathology and Behavioral Assessment*, 42, 93-100.

34) Curtiss, J. E., Fulford, D., Hofmann, S. G., & Gershon, A. (2019). Network Dynamics of Positive and Negative Affect in Bipolar Disorder. *Journal of Affective Disorders*, 249, 270-277.

33) Koç, M. S., Aka, B. T., Dogruyol, B., Curtiss, J., Carpenter, J. K., & Hofmann, S. G. (2019). Psychometric properties of the Turkish version of the interpersonal emotion regulation questionnaire (IERQ). *Journal of Psychopathology and Behavioral Assessment*, 41, 294-303.

32) Caballo, V.E., Salazar, I.C., Arias, V., Hofmann, S.G., Curtiss, J., & CISCO-A Research Team. (2019). Psychometric properties of the Liebowitz Social Anxiety Scale in a large cross-cultural Spanish and Portuguese speaking sample. *Brazilian Journal of Psychiatry*, 41, 122-130.

31) Hayes, S. C., Hofmann, S. G., Stanton, C. E., Carpenter, J. K., Sanford, B. T., Curtiss, J. E., & Ciarrochi, J. (2019). The role of the individual in the coming era of process-based therapy. *Behaviour Research and Therapy*, 117, 40-53.

- 30) Bernstein, E.E., Curtiss, J.E., Wu, G.W.Y, Barrieira, P.J., & McNally, R.J. (2019). Exercise and Emotion Dynamics: An Experience Sampling Study. *Emotion*, 19, 637-644.
- 29) Gabriel, M.G.*, Curtiss, J.*, Hofmann, S.G., & Khalsa, S. B. S. (2018). Kundalini Yoga for Generalized Anxiety Disorder: An Exploration of Treatment Efficacy and Possible Mechanisms. *International Journal of Yoga Therapy*, 28, 97-105.
- 28) Curtiss, J., Ito, M., Takebayashi, Y., & Hofmann, S. G. (2018). Longitudinal Network Stability of the Functional Impairment of Anxiety and Depression. *Clinical Psychological Science*, 6, 325-334.
- 27) Hofmann, S.G., & Curtiss, J. (2018). A Complex Network Approach to Clinical Science. *European Journal of Clinical Investigation*, e12986.
- 26) Szasz, P., Coman, M., Curtiss, J., Carpenter, J.K., & Hofmann, S.G. (2018) Use of Multiple Regulation Strategies in Spontaneous Emotion Regulation. *International Journal of Cognitive Therapy*, 11, 249-261.
- 25) Gao, L.*, Curtiss, J.*, Liu, X., & Hofmann, S. G. (2018). Differential Treatment Mechanisms in Mindfulness Meditation and Progressive Muscle Relaxation. *Mindfulness*, 9, 1268-1279.
- 24) Caetano, K., Depreeuw, B., Papenfuss, I., Curtiss, J., Langwerden, R., Hofmann, S.G., & Neufeld, C.B. (2018). Trial-Based Cognitive Therapy: efficacy of a new CBT approach in treating social anxiety disorder with comorbid depression. *International Journal of Cognitive Therapy*, 11, 325-342.
- 23) Hofmann, S.G., Carpenter, J., & Curtiss, J. (2018). Cognitive Mediation of Symptom Change in CBT: A Review of the Evidence. In R. L. Leahy (Ed.), *Advances in Modern Cognitive Therapy*. New York, NY: Guilford Press.
- 22) Curtiss, J.*, Goessl, V.*, & Hofmann, S.G. (2017). The effect of heart rate variability biofeedback training on stress and anxiety: A meta-analysis. *Psychological Medicine*, 47, 2578-2586.
- 21) Curtiss, J., Klemanski, D. H., Andrews, L., Ito, M., & Hofmann, S. G. (2017). The conditional process model of mindfulness and emotion regulation: An empirical test. *Journal of Affective Disorders*, 212, 93-100.
- 20) Curtiss, J., Andrews, L., Davis, M., Smits, J., & Hofmann, S. G. (2017). A meta-analysis of pharmacotherapy for social anxiety disorder: An examination of efficacy, moderators, and mediators. *Expert Opinion on Pharmacotherapy*, 18, 243-251.
- 19) Klemanski, D.H., Curtiss, J., McLaughlin, K.A., & Nolen-Hoeksema, S. (2017). Emotion Regulation Deficits among Adolescents with Social Anxiety and Depressive Symptoms: rumination as a mediator of symptom severity. *Cognitive Therapy and Research*, 41, 206-219.
- 18) Hofmann, S.G., Curtiss, J., Carpenter, J., & Kind, S. (2017). Effects of Treatments for Depression on Quality of Life: A Meta-Analysis. *Cognitive Behavior Therapy*, 46, 265-286.

- 17) Curtiss, J., & Hofmann, S.G., (2017). Meditation. In SAGE Encyclopedia of Abnormal and Clinical Psychology. Thousand Oaks, CA: SAGE Publications.
- 16) Carpenter, J., Curtiss, J., & Hofmann, S.G., (2017). The Nature and Treatment of Social Anxiety: Maintaining Factors, Treatment Components, and Treatment Response. In D. McKay, J. Abramowitz, & E. Storch (Eds.), *Treatments for Psychological Problems and Syndromes*. Hoboken, NJ: Wiley: Blackwell.
- 15) Curtiss, J., & Klemanski, D. H. (2016). Taxonicity and network structure of generalized anxiety disorder and major depressive disorder: An admixture analysis and complex network analysis. *Journal of Affective Disorders, 199*, 99-105.
- 14) Curtiss, J., Carpenter, J., Kind, S., & Hofmann, S.G. (2016). Incorporating Memory Enhancers into the Treatment of Anxiety and Related Disorders. In International Encyclopedia of Social and Behavioral Sciences (2nd edition). Oxford, UK: Elsevier.
- 13) Hofmann, S.G., Curtiss, J., & McNally, R. (2016). A complex network perspective on clinical science. *Perspectives of Psychological Science, 11*, 597-605.
- 12) Hofmann, S. G., Andreoli, G., Carpenter, J. K., & Curtiss, J. (2016). Effect of Hatha Yoga on Anxiety: A Meta-Analysis. *Journal of Evidence-Based Medicine, 9*, 116-124.
- 11) Hofmann, S.G., Doan, S., Sprung, M., Wilson, A., Ebesutani, C., Andrews, L., Curtiss, J., & Harris, P. (2016). Training children's theory of mind: A meta-analysis of controlled studies. *Cognition, 150*, 200-212.
- 10) Hofmann, S. G., Carpenter, J. K., & Curtiss, J. (2016). Interpersonal emotion regulation questionnaire (IERQ): Scale development and psychometric characteristics. *Cognitive Therapy and Research, 40*, 341-356.
- 9) Szasz, P. L., Hofmann, S. G., Heilman, R. M., & Curtiss, J. (2016). Effect of regulating anger and sadness on decision-making. *Cognitive Behaviour Therapy, 45*, 1-17.
- 8) Hofmann, S. G. & Curtiss, J. (2015). The strawman debate continues. *PsycCRITIQUES, 60*(38).
- 7) Curtiss, J. & Klemanski, D. H. (2015). Identifying Individuals With Generalised Anxiety Disorder: A Receiver Operator Characteristic Analysis of Theoretically Relevant Measures. *Behaviour Change, 32*, 1-18.
- 6) Hofmann, S. G., Curtiss, J., Khalsa, S. B. S., Hoge, E., Rosenfield, D., Bui, E., Keshaviah, A., & Simon, N. (2015). Yoga for generalized anxiety disorder: design of a randomized controlled clinical trial. *Contemporary Clinical Trials, 44*, 70-76.
- 5) Hofmann, S. G., Mundy, E. A., & Curtiss, J. (2015). Neuroenhancement of Exposure Therapy in Anxiety Disorders. *AIMS Neuroscience, 2*, 123-138.
- 4) Curtiss, J. & Klemanski, D. H. (2014). Teasing apart low mindfulness: Differentiating deficits in

mindfulness and in psychological flexibility in predicting symptoms of generalized anxiety disorder and depression. *Journal of Affective Disorders*, 166, 41-47.

3) Desrosiers, A., Vine, V., Curtiss, J., & Klemanski, D. H. (2014). Observing nonreactively: A conditional process model linking mindfulness facets, cognitive emotion regulation strategies, and depression and anxiety symptoms. *Journal of Affective Disorders*, 165, 31-37.

2) Curtiss, J. & Klemanski, D. H. (2014). Factor Analysis of the Five Facet Mindfulness Questionnaire in a Heterogeneous Clinical Sample. *Journal of Psychopathology and Behavioral Assessment*, 36, 683-694.

1) Curtiss, J. (2010). Floccinaucinihilipilification of and Animadversions on Locutions Subsuming the Word "Like". *The New Islander*.

http://newislander.com/boardwalk/humor/2010/05/like_and_the_english_language/

POSTERS &
PRESENTATIONS

Posters

33) Curtiss, J.E., Wallace, B., & Pedrelli, P. (2020, March). A randomized controlled trial of combined CBT and MI versus CBT for excessive alcohol use and depression: A network perspective. Poster accepted at the Anxiety and Depression Association of America 40th Annual Convention, San Antonio, TX.

32) Curtiss, J.E., & Hofmann, S.G. (2020, March). Individual Differences in Interpersonal Emotion Regulation: A Latent Profile Analysis. Poster accepted at the Anxiety and Depression Association of America 40th Annual Convention, San Antonio, TX.

31) Curtiss, J.E., & Hofmann, S.G. (2019, November). Individual Differences in Interpersonal Emotion Regulation: A Latent Profile Analysis. Poster presented at the Association for Behavioral and Cognitive Therapy 53rd Annual Convention, Atlanta, GA.

30) Curtiss, J.E., Bernstein, E.E., McNally, R.J., & Hofmann, S.G. (2019, November). Influence of Exercise on the Network Dynamics of Positive and Negative Affect. Poster presented at the Association for Behavioral and Cognitive Therapy 53rd Annual Convention, Atlanta, GA.

29) Pinaire, M., Barthel, A., Curtiss, J.E., Bui, T.H., Simon, N., & Hofmann, S.G. (2019, November). A Network Approach to Negative Metacognitions and Beliefs of Uncontrollability in Relation to Quality of Life, Insomnia, and Depressive Symptoms in a Mixed GAD Sample. Poster presented at the Association for Behavioral and Cognitive Therapy 53rd Annual Convention, Atlanta, GA.

28) Pinaire, M., Curtiss, J.E., Ito, M., & Hofmann, S.G. (2019, November). Differential Item Functioning of Sense of Authenticity in Social Anxiety Disorder: A Multiple Indicator Multiple Causes Approach. Poster presented at the Association for Behavioral and Cognitive Therapy 53rd Annual Convention, Atlanta, GA.

27) Moskow, D., Curtiss, J.E., Curtiss, J., Ito, M., & Hofmann, S.G. (2019, November). Examining the Relation Between Anxiety Sensitivity and Observing Internal or External Stimuli. Poster presented at the Association for Behavioral and Cognitive Therapy 53rd Annual Convention, Atlanta, GA.

- 26) Curtiss, J. E., Fulford, D., Hofmann, S. G., & Gershon, A. (2018, November). Dynamic Network Structure of Positive and Negative Affect in Bipolar Disorder. Poster presented at the Association for Behavioral and Cognitive Therapy 52nd Annual Convention, Washington D.C.
- 25) Conroy, K., Curtiss, J. E., Barthel, A. L., Wieman, S., Lubin, R., Bui, T.H., Simon, N., & Hofmann, S. G. (2018, November). Affective Styles Profiles in a Generalized Anxiety Disorder Sample. Poster presented at the Association for Behavioral and Cognitive Therapy 52nd Annual Convention, Washington D.C.
- 24) Barthel, A., Curtiss, J. E., Conroy, K., Ito, M., & Hofmann, S.G. (2018, May). Cognitive Reappraisal and Behavioral Suppression as Moderators of Avoidance/Rumination, Activation, and Trait Anxiety. Poster presented at the 52nd Association for Psychological Science 2018 Annual Convention, Washington, D.C.
- 23) Curtiss, J., Ito, M., & Hofmann, S.G. (2017, November). Longitudinal network stability of anxiety and depression. Poster presented at the 51th Annual Convention for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 22) Curtiss, J., Klemanski, D., Andrews, L., Ito, M., & Hofmann, S.G. (2017, November). An examination of the conditional process model of mindfulness and emotion regulation. Poster presented at the 51th Annual Convention for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 21) Conroy, K., Andrews, L. A., Curtiss, J. E., Simon, N. M., & Hofmann, S. G. (2017, November). The Affective Style Questionnaire: Factor Structure in a Generalized Anxiety Disorder Sample. Poster presented at the Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA.
- 20) Conroy, K., Andrews, L., Curtiss, J., Simon, N., & Hofmann, S.G. (2017, November). Moderators and mediators of pharmacotherapy for SAD. Poster presented at the 51th Annual Convention for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 19) Gomez, A., Curtiss, J., Ito, M., & Hofmann, S.G. (2017, November). Emotion regulation mediates the relationship between behavior activation and depression. Poster presented at the 51th Annual Convention for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 18) Curtiss, J., Andrews, L., Davis, M., Smits, J., & Hofmann, S.G. (2017, November). Moderators and mediators of pharmacotherapy for SAD. Poster presented at the 51th Annual Convention for the Association of Behavioral and Cognitive Therapies, San Diego, CA.
- 17) Curtiss, J., Noble, S., & Hofmann, S.G. (2016, November). Neural correlates of social anxiety disorder. Poster presented at 46th Annual Convention for the Society of Neuroscience, San Diego, CA.
- 16) Curtiss, J., Klemanski, D.H., & Hofmann, S.G. (2016, October). Yale Social Anxiety Scale (YSAS): A Novel Assessment of Social Anxiety. Poster presented at the 50th Annual Convention for the

Association of Behavioral and Cognitive Therapies, New York, NY.

15) Curtiss, J., Klemanski, D.H., & Hofmann, S.G. (2016, April). Yale Social Anxiety Scale (YSAS): A Novel Assessment of Social Anxiety. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

14) Curtiss, J. & Hofmann, S.G. (2016, April). Novel Instrument of Interpersonal Emotion Regulation: Factor Structure and Measurement Invariance. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

13) Andrews, L.A., Curtiss, J.E., Nakajima, S., Oe, Y., Masaya, I., & Hofmann, S.G. (2016, April). Nonreactive Observation: A Moderated Mediation Model Examining Mindfulness Factors, Emotion Regulation Strategies, and Psychopathologies. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

12) Andrews, L.A., Carpenter, J.K., Curtiss, J.E., Nakajima, S., Oe, Y., Masaya, I., & Hofmann, S.G. (2016, April). Unique and Interactive Effects of Anxiety Sensitivity and Distress Tolerance on Anxiety and Depression. Poster presented at the annual meeting of the Anxiety and Depression Association of America, Philadelphia, PA.

11) Andrews, L., Carpenter, J., Curtiss, J., & Hofmann, S.G. (2015, November). Unique and Interactive Effects of Anxiety Sensitivity and Distress Intolerance on Anxiety and Depression. Poster presented at the 49th Annual Convention for the Association of Behavioral and Cognitive Therapies, Chicago, IL.

10) Carpenter, J., Curtiss, J., Kind, S., & Hofmann, S.G. (2015, November). CBT Versus SSRIs on Quality of Life in the Treatment of Major Depression. Poster presented at the 49th Annual Convention for the Association of Behavioral and Cognitive Therapies, Chicago, IL.

9) Kind, S., Curtiss, J., & Klemanski, D.H. (2015, November). The Intervening Role of Emotion Dysregulation in the Relationship Between Intolerance of Uncertainty and Symptoms of GAD: A Sequential Mediation Model. Poster presented at the 49th Annual Convention for the Association of Behavioral and Cognitive Therapies, Chicago, IL.

8) Curtiss, J. & Klemanski, D.H. (2015, May). Mindfulness Among Clinical Patients: Does Observing Really Matter? Poster presented at the annual meeting of the Anxiety and Depression Association of America, Miami, FL.

7) Curtiss, J. & Klemanski, D.H. (2015, May). Classification of GAD and MDD: An Admixture Analysis. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

6) Curtiss, J. & Klemanski, D.H. (2015, May). Efficacy of Mindfulness and Acceptance Based Interventions for GAD: A Meta-Analysis. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

5) Klemanski, D. H., Curtiss, J., McLaughlin, K. A., & Nolen-Hoeksema, S. (2015, May). The transdiagnostic role of repetitive negative thinking in adolescents with social anxiety and

depression. Poster session presented at the annual meeting of the Association for Psychological Science, New York, NY.

4) Curtiss, J. & Klemanski, D.H. (2014, November). Factor Analysis of the Five Factor Mindfulness Questionnaire in a Heterogeneous Clinical Sample. Poster presented at the 48th Annual Convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

3) Desrosiers, A., Vine, V., Curtiss, J., & Klemanski, D.H. (2014, November). Mindfulness Facets Interact to Influence Cognitive Emotion Regulation Strategies and Depression and Anxiety Symptoms: A Conditional Process Model. Poster presented at the 48th Annual Convention for the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.

2) Curtiss, J. & Klemanski, D.H. (2013, October). Identifying GAD in the Context of Mood and Other Anxiety Disorders. Poster presented at the 27th Annual Convention for the Connecticut Psychological Association, Windsor, CT.

1) Curtiss, J., Wang, L., Leslie, A. (2012, May). Second-Order False Belief Reasoning in Adults and Four-Year-Olds. Poster presented at Annual Rutgers Psychology Research Presentation, New Brunswick, NJ.

Presentations

5) Bernstein, E.E., Curtiss, J., Wu, G., Barreira, P., & McNally, R.J. (2019, March). "Exercise and the Temporal Dynamics of Daily Emotions." In E Bernstein & E Kleiman (Co-Chairs), *Emotion regulation in daily life: Understanding emotional disorders and emotional wellbeing through experience sampling and wearable monitoring*. Symposium in the 39th annual meeting of the Anxiety and Depression Association of America (ADAA), Chicago, IL.

4) Curtiss, J. E., Fulford, D., Hofmann, S. G., Gershon, A. (2018, November). Dynamic Network Structure of Positive and Negative Affect in Bipolar Disorder. In R. McNally (chair), *Beyond symptoms: Novel applications of network analysis in clinical psychology*. Symposium presented at the Association for Behavioral and Cognitive Therapy 52nd Annual Convention, Washington D.C.

3) Curtiss, J., Hofmann, S.G. (2015, November). Assessing interpersonal emotion regulation: Psychometric properties of a new instrument. In J. Carpenter (chair), *The Ins, Outs, and What-Have-You's of Social Anxiety Disorder: Intra and Interpersonal Processes*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2) Klemanski, D. H., Millstein, D. J., & Curtiss, J. (2015, May). Effects of worry and rumination on quality of life: The mediating role of mindfulness and psychological flexibility. In M. Westphal (chair), *On being present and keeping one's calm: Exploring mental health benefits of mindfulness from a transdiagnostic emotion regulation perspective*. Symposium presented at the annual meeting of the Association for Psychological Science, New York, NY.

1) Curtiss, J. & Klemanski, D. H. (2014, March). Incremental validity of mindfulness over cognitive inflexibility in predicting psychopathology. In A. Aldao & D. H. Klemanski (chairs), *Emotion regulation flexibility in anxiety disorders: From basic science to interventions*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, Chicago, IL.

AD HOC
REVIEWS

Psychological Medicine; Clinical Psychological Science; Behavior Research and Therapy; Assessment; Journal of Anxiety Disorders; Journal of Affective Disorders; Depression and Anxiety; Cognitive Therapy and Research; Mindfulness; Neuropsychiatric Disease and Treatment; Symbiosis Psychology; Psychology and Psychotherapy; Clinical Psychology

CLINICAL
EXPERIENCE

Center for Anxiety and Related Disorders (CARD) Staff

Aug 2015 – Present

- Clinician treating patients with anxiety, depression, and related disorders (e.g., trauma, personality disorder, etc.) using manualized CBT, DBT, mindfulness treatments, and other evidence based interventions.
- Conducted semi-structured ADIS-V interviews at intake and provided diagnostic feedback.
- Conducted treatment planning, case formulation, and outcome assessment during treatment.
- Attended weekly supervision meetings.
- Coordinated care with other mental health providers (e.g., psychiatrics for psychotropic medications).

Student Clinical Supervisor

Sep 2017 – Aug 2018

- Served as primary supervisor for novice doctoral student therapist carrying a case load of patients with anxiety, depressive, and related disorders.
- Provided weekly supervision, as well as video review of sessions, professional development meetings, and evaluations of student's performance.
- Participated in weekly group supervision and didactic seminars covering different models of supervision, developmental milestones of supervisees, and ethical issues.

Harvard Boston Children's Hospital

Sep 2016 – Present

- Assessor conducting qualitative interviews with individuals diagnosed with disorders of sexual development (DSD) under the supervision of Dr. Amy Tishelman.
- Purpose of interview is to examine impact of DSD on mental health and quality of life.

Harvard McLean Hospital

Sep 2016 – July 2017

- Clinician treating patients with comorbid substance abuse, anxiety, and trauma using empirically supported treatments under the supervision of Dr. R. Kathryn McHugh.
- Administered CBT and Individual Drug Counselling for individuals with comorbid opioid and anxiety disorders according to a study protocol.

- Conducting Motivational Interviewing with inpatient adolescents presenting with significant self-harm, suicidal ideation, and substance use.

Center for Anxiety and Related Disorders (CARD) Practicum

Aug 2015 – Jul 2016

- Clinician treating patients with anxiety and depression for CARD using manualized CBT, DBT, and mindfulness treatments under the supervision of Dr. Lisa Smith.
- Conducting clinical assessments for emotional disorders using instruments such as the Anxiety Disorders Interview Schedule-V (ADIS-V).

Neuropsychology Practicum at Boston University

Sep 2015 – Sep 2016

- Conducting neuropsychological assessments for individuals presenting with neurodevelopmental disorders (e.g., ADHD, learning disorders, etc.) under the supervision of Dr. Rosemary Toomey.
- Acquired competency in administration and scoring of a number of neuropsychological instruments assessing intelligence, executive functioning, attentional abilities, etc.

Psychotherapy and Emotion Research Laboratory

Sep 2014 – Present

- Study clinician leading group treatment of social anxiety disorder using a manualized exposure protocol under the supervision of Dr. Stefan Hofmann and Dr. Jasper Smits.
- Study clinician leading group treatment of depression using manualized loving kindness meditation and CBT treatment
- Conducting clinical assessments for emotional disorders for two grant funded studies, including the Anxiety Disorders Interview Schedule-V (ADIS-V), Structured Interview for the Hamilton Anxiety Schedule (SIGH-A), Clinical Global Impression (CGI).
- Conducting K-SADs and neuropsychology measures (e.g., WASI) to depressed and anxious adolescents as part of a grant funded study.

Yale Center for Anxiety and Mood Disorders

June 2012 – Aug 2014

- Received training in administering Structured Clinical Interviews for the DSM-IV (both SCID-I and SCID-II), Global Assessment of Functioning (GAF), Clinical Severity Ratings (CSR), Clinical Global Impression (CGI) for patients with anxiety and depressive disorders (e.g. GAD, MDD, SAD, substance abuse).
- Administered the Anxiety Disorders Interview Schedule-IV for Children (ADIS-C) in adolescents 13 - 18 years of age; performed reliability ratings for ADIS-C diagnoses.
- Received training in the Levels of Emotional Awareness Scale (LEAS) and scored over 900 responses.
- Participated in case reviews to establish diagnoses for prospective patients who underwent an intake.

RESEARCH
EXPERIENCE

Psychotherapy and Emotion Research Laboratory

Aug 2014 – Present

Doctoral Student

Advisor: Stefan Hofmann, Boston University

- Pursuing research on the nosology and treatment of emotional disorders within a dynamic network framework, specifically using ecological momentary assessment.
- Additional research interests include the role of emotion regulation and mindfulness in anxiety and depression.
- Conducting intakes for a randomized, controlled trial investigating the comparative efficacy of different treatments for generalized anxiety disorder.
- Delivering treatment for a randomized, controlled trial investigating the comparative efficacy of

d-cycloserine augmentation strategies for social anxiety disorder.

- Delivering treatment for a randomized, controlled trial examining combined loving kindness meditation and CBT for depression.

Yale Center for Anxiety and Mood Disorders

June 2012 – Aug 2015

Data Analyst and Statistician

Advisor: David Klemanski, Yale University

- Employed a variety of data analytic techniques (e.g., SEM, MLM, meta-analyses, etc.) for experimental psychopathology studies on emotional disorders.
- Designed research experiments to delineate differential emotion regulation and mindfulness deficits in anxiety and depressive disorders.

Yale Anxiety and Emotion Laboratory

Sept 2013 – Aug 2014

Laboratory Manager

Advisor: David Klemanski, Yale University

- Designed and managed research experiments investigating emotion regulation deficits associated with social anxiety disorder and depression in adolescents.

Yale Depression and Cognition Laboratory

Aug 2012 – Jan 2013 (Lab Dissolution)

Research Assistant

Advisor: Susan Nolen-Hoeksema, Yale University

- Collaborated on studies examining the mediating role of alexithymia in the relationship between mindfulness deficits and depression.

Yale Mind and Development Laboratory

June 2011 – Aug 2011

Researcher

Advisor: Paul Bloom, Yale University

- Conducted pretense-related and Theory of Mind experiments, as well as literature reviews.

Cognitive Development Laboratory

Sep 2010 – June 2012

Honors Thesis Research Assistant

Thesis Title: "Second Order False Belief Reasoning in 4-year-olds"

Advisor: Alan Leslie, Rutgers University

- Summary: designed and conducted a series of experiments investigating second-order false belief performance and competency of 4 year-old children using eye-gaze.
- Obtained proficiency in the administration of Tobi eye-tracker instruments and in analyses of eye-gaze data.

Smoking Cessation Laboratory

Sep 2008 – Sep 2010

Honors Research Assistant

Advisor: Danielle McCarthy, Rutgers University

- Conducted independent and other lab related research on the longitudinal role of impulsivity in predicting smoking cessation.
- Administered assessments of impulsivity (e.g., Go-No Go task) and coded and analyzed data.

TEACHING &
MENTORING

Teaching Fellow

Spring 2018

- Served as a teaching fellow for Introduction to Psychology at Boston University.
- Delivered lectures and didactic exercises for 5 weekly discussion sections.
- Responsible for grading of exams and written essays.

Invited Lecturer for Introduction to Psychology

Fall 2016

- Taught two classes of statistics lectures for introduction to psychology for undergraduates at Boston University.
- Lectures emphasized foundational knowledge of p-values and ordinary least squares analyses (e.g., t-test, ANOVA, correlation, etc).
- Material was illustrated by demonstrating how to conduct analyses on R.

Directed Study Student Advisor

2014-'15, 2015-'16, 2018-'19

- Served as doctoral student advisor to three different seniors for their honors senior theses.
- Met with advisees weekly to provide mentorship for study execution, data analyses, drafting of thesis manuscript, etc.

LEADERSHIP
POSITIONS

Colloquium Committee Student Leader

2016-2018

- Collaboratively devised list of speakers who would present at department colloquium talks.
- Contacted colloquium speakers and made arrangements for their visit.

STATISTICAL
SKILLS

Analytical Skills

Proficiency: Graph theory analysis (e.g., network analysis), latent variable modeling (e.g., SEM, CFA, etc.), finite mixture modeling (e.g., LCA, FMM, etc.), multilevel modeling, receiver operator characteristics (ROC), longitudinal data analysis (e.g., LGC models, dynamic MLM, etc), meta-analytic methods (e.g., traditional meta-analysis, SEM meta-analysis, network meta-analysis, etc), traditional parametric and non-parametric statistics (e.g., GLM, permutation testing)

Familiarity: Taxometric analysis, dynamic modeling with damped oscillators

Statistical Suites

Proficiency: R, MPLUS, LISREL, SPSS, AMOS, STATA, SAS, CMA (comprehensive meta-analysis)

Familiarity: HLM